

## One Hour Prayer Guide 1 Church 1 Day Prayer Initiative

### Personal Preparation Revival and awakening begins with you!

**Psalm 24:3-6** “Who may ascend the hill of the Lord? Who may stand in His holy place? He who has clean hands and a pure heart, who does not lift up his soul to an idol or swear by what is false. He will receive blessing from the Lord and vindication from God his Savior. Such is the generation of those who seek him, who seek your face, O God of Jacob.”

I thank God for:

- His redeeming grace to cleanse and sanctify my heart and life for His service
- His provision and His plans & purposes for the work of my hands
- His divine wisdom & strength to help me make wise choices

[Take a few moments to examine your heart and release any burdens and personal concerns that you currently have to the Lord. If necessary, repent of anything that might hinder your prayers and receive God’s forgiveness.]

Repent if necessary for:

- Lack of diligence or being a poor Christian example in studies or work
- Complaining about those in authority or workload
- Impatience or mistreating other people: family, friends, strangers

**Ephesians 6:10** “Finally, be strong in the Lord and in his mighty power. Put on the full armor of God so that you can take your stand against the devil’s schemes. For our struggle is not against flesh and blood, but against the rulers against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the best of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God. And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints.”

Declare/Acknowledge:

- Jesus Christ is Lord over my future and career
- God's power and wisdom is available to help prosper the work of my hands
- I will impact the world in a positive, Godly way

I Pray that I may:

- Recognize the importance of using time wisely and fulfill the destiny that God has for me
- Have the wisdom to make good & righteous choices in every area of my life with honesty and integrity
- Live a life of compassion for others and lead them to Christ through my words and actions
- Have a closer walk with God through prayer and by reading, meditating on and memorizing His Word

## THE CHURCH –THE BODY OF CHRIST

**1 Peter 2:5,9** Ye also, as lively stones, are built up a spiritual house, an holy priesthood, to offer up spiritual sacrifices, acceptable to God by Jesus Christ... ye are a chosen generation, a royal priesthood, an holy nation, a peculiar people; that ye should show forth the praises of him who hath called you out of darkness into his marvelous light;

**1 Corinthians 12:18** But in fact God has placed the parts in the body, every one of them, just as he wanted them to be.

**Matthew 28:19-20** "Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

Areas to consider: wisdom and protection for missionaries throughout the world; those that are persecuted for their faith in Jesus; training and equipping for every good work; unity of the brethren; outreach in the community including: prison ministry, feeding the homeless and poor, friends to the widows and orphans, servant evangelism; building up one another in love; prayerful and financial support of church leadership and local houses of God; purity in the lives of all believers; restored relationships within the churches; relevance without worldliness

### Thank God for:

- His unfailing love, patience and kindness towards His Church
- Creating each member with a divine purpose and sharing His power, authority, and wisdom to accomplish it
- Devoted Church leadership and their families
- Missionaries around the world spreading the love and gospel of Christ
- The victory we have in Christ
- The freedom we have to proclaim the Gospel of Jesus Christ

### Repent for:

- Disunity and ungodliness within the Body
- Not honoring God's Word or taking it seriously - placing God below other things in our lives
- The Church not using the power & authority it has been given
- Not fulfilling the Great Commission (Matthew 28)

### Declare/Acknowledge:

- That Jesus Christ is Lord and King of His Church, His Righteousness endures forever
- The Church shall glorify God and fulfill her calling and purpose in the earth
- The Church shall walk in power, purity, unity, & love in and outside of their particular congregation
- God's will shall be accomplished through His Church on earth as it is in Heaven

### Pray:

- That God's people would repent, humble ourselves and pray for the healing of our land
- That we the Church will have "ears to hear" what God is saying to us and be faithful to follow through
- For wisdom, favor and safety for missionaries worldwide and those who support them locally
- For the deliverance from evil for brothers and sisters who are being tortured and persecuted for their faith
- That God's people would receive emotional and spiritual healing and walk in wisdom, power & character
- That congregations would be prepared and arise in times of community crisis or disaster to help others

- For all publishers and translators of Scriptures, that the Gospel would go freely throughout the world
- That unsaved people will welcome the gift of Scripture found in the Bible, and that those already won to Christ will grow in grace and knowledge to share and demonstrate their faith
- For continued open doors for the Bible to be distributed in hotels and motels, schools and colleges, prisons and jails, hospitals and convalescent homes, the military, and police and fire personnel
- For congregations, pastors, missionaries, and Bible teachers to know God's Word is inspired, inerrant, and infallible and to share the true message of salvation through the Blood of Christ

Resist Temptation:

- Resist the temptation to complain or be disrespectful about members of God's church and the church itself
- Resist the temptation to bring discord and division
- Resist the enemy's attempt to bring oppression and depression upon the people of God
- Resist apathy, hopelessness, doubt and unbelief
- Resist the reasoning of man

FAMILY

**Malachi 4:6**

"And he shall turn the heart of the fathers to the children, and the heart of the children to their fathers, lest I come and smite the earth with a curse.

**Colossians 3:18-21**

"Wives, submit yourselves unto your own husbands, as it is fit in the Lord. Husbands, love your wives, and be not bitter against them. Children, obey your parents in all things: for this is well pleasing unto the Lord. Fathers, provoke not your children to anger, lest they be discouraged.

**1 Peter 3:8-12** "Finally, all of you, be like-minded, be sympathetic, love one another, be compassionate and humble. Do not repay evil with evil or insult with insult. On the contrary, repay evil with blessing, because to this you were called so that you may inherit a blessing. For, "Whoever would love life and see good days must keep their tongue from evil and their lips from deceitful speech. They must turn from evil and do good; they must seek peace and pursue it. For the eyes of the Lord are on the righteous and his ears are attentive to their prayer, but the face of the Lord is against those who do evil."

Areas to pray for families: protection of the definition of marriage and family, protection of life as a gift from God for all ages: babies in the womb to the elderly and infirmed; families with special needs children and adults to care for; singles of all ages to walk in purity; for Christians to be strong and represent the sanctity and honor of the marriage covenant; the lonely; widows and orphans; run-a-ways; dysfunctional families; the breakup of the family unit; families recovering from divorce or starting over, mothers overcoming the trauma and guilt of abortion, children from broken homes.

Thank God for:

- His beautiful plan and provision in the institutions of marriage and family
- His restorative power, wisdom and grace to fix what has been broken and ability to redeem our mistakes
- His willingness to use imperfect vessels to work out His perfect plan
- Our natural parents, spiritual parents and mentors

Repent for:

- Not treating our family members with honor and for taking one another for granted
- The abuse, violence and neglect that is so prevalent in many families
- Abortion of God's precious gifts, children
- Absent fathers and mothers, rejection of parental responsibilities
- Sex outside of marriage, adultery and fornication, divorce among Christians
- For money, things and careers becoming more important than building family relationships
- Not being thankful for our families and leaving God out of family life

Declare/Acknowledge:

- As for me and my house, we shall serve the Lord - Jesus Christ is Lord, Savior and King over my family
- God's power and grace is well able to heal broken families and lives
- God has a great plan and purpose for each and every person in my family

Pray:

- That God's Word would prevail as the instruction manual for relationships, marriage and family
- That healthy relationships and communication skills be built up and restored within families
- That government legislation would be pro-life, pro-family and protect the traditional definition of marriage
- That the Church would be a place of healing, restoration and model what God intended for the family
- That abuse be exposed and properly dealt with, that children at risk could be placed in loving homes
- That our homes would be a place of love, peace, honor, forgiveness, nurturing and protection
- That loving foster families become available for needy children
- The Church will be able to help with the needs of broken families, those with special needs or in crisis
- Christian Family Counselors to increase within the Church and private sector
- That families would gain financial discipline, prosper in all areas and serve the community around them

Resist Temptation:

- Recognize and resist the devil's plan for destruction and mayhem for your family – embrace God's plan
- Resist the temptation to be unfaithful to your spouse or engage in any other immoral behavior
- Resist anger, rage, malice, discord, back-biting, and gossip
- Resist resentment, bitterness, unforgiveness and accusations toward family members
- Resist the temptation to treat family members worse than others

**GOVERNMENT**

**Romans 13:1** Let every soul be subject unto the higher powers. For there is no power but of God: the powers that be are ordained of God.

**Proverbs 29:2** When the righteous are in authority, the people rejoice: but when the wicked beareth rule, the people mourn.

**1 Timothy 2:1-4** I exhort therefore, that, first of all, supplications, prayers, intercessions, and giving of thanks, be made for all men; for kings, and for all that are in authority; that we may lead a quiet and peaceable life in all godliness and honesty. For this is good and acceptable in the sight of God our Savior; who will have all men to be saved, and to come unto the knowledge of the truth.

Areas of Government to pray for: City; County; State; Federal; Executive, Legislative and Judicial Officials; Staff Members: policy writers, managers, advisors; Police; Fire; Rescue; First Responders; Marshals; Deputies; Prison and Correctional Officers; Officials; Boards; Military leadership, recruits and personnel; Elections; Godly and moral Candidates to run for offices and positions of authority at all levels of Government

Thank God for:

- Establishing law, order, safety, peace and assistance through government
- Christians and righteous leaders He has already placed in positions of leadership & authority
- His willingness to help us and our leaders
- The righteous roots & heritage we have in Gainesville and our Nation

Repent for:

- Complaining and not praying for our government and officials
- Any foolish and wicked decisions made by our government
- Departing from our righteous heritage and not teaching it to our children
- Not voting and participating in our governmental process as we have opportunity

Declare/Acknowledge:

- Jesus Christ is Lord over all governments including those in Gainesville and He positions & removes those He wills as we seek and trust Him
- That God intends for government to be a blessing on earth as it is in heaven
- That righteousness establishes a government & people but sin is the downfall of government & people
- That government leaders are to serve for the benefit of the people and not for selfish purposes

Pray:

- For Divine wisdom to be given to our leaders to make wise & righteous decisions
- For protection of our leaders, their families and their property
- That they would all come to a saving knowledge our Lord Jesus Christ
- For Government leaders to be good role models of righteousness, service, hard work, mercy & wisdom
- That law enforcement, firefighters, first responders and public servants would have Divine protection & guidance to maintain law and order
- That Christian Prison Ministries would find favor and have great success
- That rehabilitation, responsibility and education would become a focus for prison systems

Resist Temptation:

- Resist the schemes of Satan to use our Government to destroy God's definition of marriage
- Resist the enemy's schemes to bring compromise into the public & private lives of our leaders
- Resist the anti-Christ spirit that has invaded many areas of our government

## BUSINESS

**Ephesians 6:6-8** Not with eye service, as men pleasers; but as the servants of Christ, doing the will of God from the heart; With good will doing service, as to the Lord, and not to men: Knowing that whatsoever good thing any man doeth, the same shall he receive of the Lord, (Other Scriptures: Prov.10:4; 16:1; 31: 16-24, Deut. 8:10-14, 17-18, Luke 19:12-27)

Areas to pray for: local businesses to prosper and create good jobs with fair pay; for employers and employees to have good work ethic; local government to pass righteous laws that create an environment for good paying jobs

### Thank God for:

- His provision, plans and good purposes for the work of our hands
- His Divine Wisdom and Strength to provide for our needs
- His Redeeming Grace to sanctify such a significant area of our lives

### Repent for:

- Complaining about work – not recognizing your work or job is a gift from God
- Lack of diligence, attentiveness and excellence in our work
- Dishonesty in the workplace
- Being a poor Christian example in the workplace
- Complaining about our bosses and our work
- Mistreating other people in the workplace

### Declare/Acknowledge:

- Jesus Christ is Lord and Redeemer over all business and commerce
- God's Power and Wisdom is available to help prosper the work of our hands
- Gainesville businesses are created to glorify & please God and help others
- Christians are to be salt and light in the workplace, demonstrating Godly character

### Pray:

- For those who are unemployed and desperate for work and steady income
- That business leaders will have a positive impact on our community
- For Christians to be diligent workers and be rewarded with favor in the workplace
- That there would be honesty and integrity in business dealings and commerce
- For employers and employees to have a mutual respect for one another and behave professionally
- That growth, development, & mentoring be made available in the workplace
- For creative ideas from management and workers to improve products, working conditions & relationships
- That the City, State and National Government would make it possible for companies to be profitable in Gainesville and create a positive workforce
- For Business and Education to network together for the benefit of all
- For Christians to have boldness – with wisdom - to share their faith in the workplace when appropriate

### Resist Temptation:

- Resist dishonesty and abuse in the workplace
- Resist complaining, back-biting and dishonor in the workplace
- Resist the spirit of greed and the temptation to make money more important than people

## EDUCATION

**Proverbs 2:3-6** "Indeed, if you call out for insight and cry aloud for understanding, and if you look for it as for silver and search for it as for hidden treasure, then you will understand the fear of the Lord and find the knowledge of God. For the Lord gives wisdom; from his mouth come knowledge and understanding." (Other Scriptures Dan.1:3-20 Is.28:23-29 Eccl.10:10)

Areas to consider: Pre-School, Grade School, Middle School, High School, College, Home School, Curriculum, Teachers, Students, Administration, School Board Officials, Parents, Special Education, Guidance Counselors, Psychiatrists, School Nurses, Custodians, School Bus drivers, Cafeteria workers, Christian Schools, Government Legislation concerning education Issues, school discipline, After School Programs

### Thank God for:

- His Plan of growth and development for our lives
- Him being the Ultimate Teacher and the Truth
- His calling, anointing, and appointing people to teach and mentor others
- That we will know the Truth and the Truth will make us free

### Repent for:

- Parents not being more involved in their children's education
- Lack of communication between all those involved in our children's education
- Impropriety in relationships: Teacher/Student & Student/Student
- Parents not taking responsibility or expecting their children to act appropriately in school
- Ungodly, antagonistic and perverse curriculum being allowed in all levels of education
- Substance abuse and violence in the schools

### Declare/Acknowledge:

- Jesus Christ is Lord over the Educational System and Universities
- Children are a blessing of the Lord, our inheritance
- God's Truth shall prevail over the deceptions of the enemy

### Pray:

- That curriculum would be pleasing to God and promote character, self-government, righteousness, morality and truth
- That educational systems and teachers would protect the innocence of children and respect the values of parents
- That the role of the family unit and respectful behavior would be honored and encouraged
- That educational systems would promote abstinence from sexual activities until marriage
- That teachers and administrators recognize their responsibility to be good role models on and off campus
- For safety for teachers, students, staff, and campuses
- That students would enjoy learning and would be equipped for a productive life
- That students would continue to have the right to express their Christian faith and participate freely in Christian Clubs, campus ministries and outreaches to fulfill the Great Commission
- That Christian teachers would have wisdom and freedom to share their faith without fear when appropriate
- That teachers would be allowed to focus on the learning needs and life skills development of the students
- That educational standards would be raised that focus on the basics of learning
- That parents would be more aware of their child's attendance and academic progress

- That our Christian Heritage would be taught unashamedly and not rewritten or censored
- That school systems would know how to handle mental health issues and implement appropriate learning programs
- That God's presence would be welcomed and permeate our schools and college campuses
- For college students away from home and having their Christian values challenged
- For Christian after-school programs to have favor and more volunteers to assist these efforts

Resist Temptation:

- Resist the enemy's work to try to destroy our children through unbiblical teachings and philosophies
- Resist the temptation to be complacent or ignore the current assault on education and curriculums
- Resist the spirit and culture of lust and immorality from infiltrating our schools

## HEALTHCARE

**3 John 1:2** (King James Version)

Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth

**John 6:2:** And a great crowd of people followed him because they saw the signs he had performed by healing the sick.

Areas to consider: Doctors, Nurses, Sanctity and Dignity of Life from Birth to Death, Pharmaceutical Companies, Medical Companies, Insurance Companies, Hospitals, Home Care, Pregnancy Resource Centers, Clinics, Alternative Health Remedies, Preventative Care, Mental Health, Healthcare Legislation and Research

Thank God for:

- His healing nature that is programmed into our bodies
- His working through the Health Care Professionals to improve and save lives
- His provision through His Spirit, Word, and Power to bring healing

Repent for:

- The many children that have been aborted in this state (Florida destroys 1 out of every 4 unborn children!)
- The lack of trust in God in the area of health and parental responsibility
- Abuse and malpractice of doctors
- Patients abusing the system
- Spirit of greed in the fraudulent activity that is associated in this field

Declare/Acknowledge:

- That Jesus Christ is Lord of the Healthcare Profession & Industry in Gainesville
- That our Healthcare System will value life at all stages (from the unborn to the elderly)
- That Healthcare Professionals will maintain a high level of integrity & represent Christ in their daily practice

Pray:

- For uninsured patients facing huge medical bills
- That there would be an increase in the development of cures for diseases
- That these cures would be more readily available for use by our Healthcare Professionals
- That medical fraud would be exposed & eliminated in our state
- That legislators will have wisdom and promote family and pro-life principles

- That Healthcare Professionals will be protected by laws that keep them from going against their conscience
- That our state would be protected from the spread of flu, disease, virus, or illness
- That people would choose to live a wise and healthy life style according to God's Word
- That the Women's Resource Center and other pregnancy resource centers will have favor, protection & greater support from local Church Congregations to operate and save the lives of babies
- That pregnancy resource centers will continue to be legally allowed to use ultrasound to verify first trimester pregnancies
- For Pro-Life laws to be passed by the Florida Legislature
- For those recovering from heart surgery, cancer, disease and various accidents and surgery
- That salvation is administered to and comfort granted to those passing into eternity

Resist Temptation:

- Resist the spirit of greed and the temptation to make money more important than the life & health of people
- Resist the spirit and culture of death that seeks to keep abortion legal in our state

[ARTS/MEDIA/ENTERTAINMENT](#)

**Matthew 12:36-37:** But I say unto you, that every idle word that men shall speak, they shall give account thereof in the Day of Judgment. For by thy words thou shall be justified, and by thy words thou shall be condemned.

**Philippians 4:8:** Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

Areas to consider: Newspapers, Periodicals, Radio, Television, Online, Industry Executives, Announcers, Reporters, Writers, Hollywood Film Producers, Actors & Actresses, Designers, Make Up Artists, Lighting Specialists, Cartoonists, Printers, Advertising Specialists, Musicians, etc.

Thank God for:

- Christian television and radio stations and programs, publications, and other resource centers
- The expansion of media outlets in sharing and spreading the Gospel of Jesus Christ
- Christians in Hollywood and other media outlets who are having an impact on secular programming
- Raising up higher standards in the media industry

Repent for:

- Allowing ungodly entertainment to take over our homes, time, thoughts, and families
- Watching & purchasing unwholesome or blatantly immoral material
- A lack of prayer in regards to those who influence what gets produced, created, written and broadcast
- Allowing ungodly forms of entertainment to influence the lives of our children
- Christian parents not exercising their authority and neglecting their responsibility to protect the innocence of children

Declare/Acknowledge:

- Jesus is Lord over the Arts, Media and Entertainment Industry – these will be used to glorify Him
- That God intends for this industry to be used for His purposes and to benefit mankind

Pray:

- That those who are involved in this industry would have wisdom, maturity, conviction and peace
- That those working in the arts, media and entertainment would be strongly impacted by the Spirit of God
- That this industry will see the value and potential of promoting morality and wholesome values that build up society and contribute a positive force in our culture
- That there would be higher journalistic standards and stricter movie ratings for decency
- That news agencies would respect the truth and report news without bias or an agenda to shape the culture
- That there will be an increase in Christian/Secular media outlets with high journalistic standards
- That non-Christian productions will follow respectable guidelines for decency
- That positive roles models will emerge in entertainment field (music, sports, films)

Resist Temptation:

- Resist the temptation to bring unwholesome entertainment into your home
- Resist the enemy's use of the media to manipulate or influence our decisions, values and lifestyles
- Resist the anti-Christ Spirit in media outlets to seduce people away from the work and principles of God
- Resist the enemy's work to try to hinder the expansion of the Gospel of Jesus Christ in media outlets in Gainesville

Special Prayer Requests: